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AFLYON STUDENT HANDBOOK

af
Alliance Française
Lyon

TABLE OF CONTENTS

WELCOME TO AFLYON

1. YOUR STAY WITH US	3
Welcome meeting	3
Virtual visit of the site	3
Internal display	4
Social networks	5
2. SERVICES AND OPENING HOURS	6
Enrolment and Accommodation Service	6
Tests and Exams	7
Courses and Pedagogy	7
The resource centre	8
WiFi and access to computers	8

FAQ

FAQ	9
------------	----------

ADMINISTRATIVE PROCEDURES

1. MOBILE PHONE PROVIDERS	10
2. EMBASSIES AND CONSULATES	10
3. VISA	10
4. RESIDENCE PERMIT	11
5. POST OFFICE	11
6. ACCOMMODATION	12
7. HEALTH	13
8. BANKING	14
9. JOBS AND VOLUNTEERS	14

LYON

1. GETTING AROUND	15
2. CULTURE	16
Cultural Agenda	16
City Cards	16
Art-House Cinemas	17
Public and University Libraries	17
3. SPORTS	18
4. SHOPPING AND TRADITIONAL MARKETS	18
5. OUTINGS AND NIGHTLIFE	18
6. MEET THE LOCALS	19
7. MOBILE APPS	19

FURTHERMORE

1. THE REGION	20
2. TRANSPORTS	20
3. GETTING INTO UNIVERSITIES IN FRANCE	20

IN CASE OF EMERGENCY

21



WELCOME TO AFLYON

1. YOUR STAY WITH US

Welcome meeting

Upon your arrival, we recommend you all to join the **welcoming meeting** that takes place on the **first day of school**. This meeting will give you the opportunity to understand how our school works (services, exams, cultural activities) and to ask any practical questions you may have.

Check out the **bulletin boards** to know the time and venue of the meeting.

Virtual tour of the school — click on the image



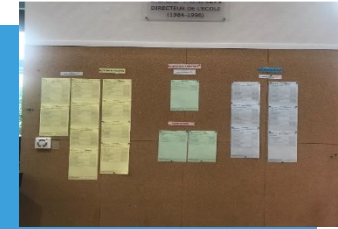
WELCOME TO AFLYON

Display

Keep up to date with the cultural programme in Lyon by **consulting the display panels in the hallways and the dynamic screens in the lobby**. Each panel or screen provides different information, as shown below:



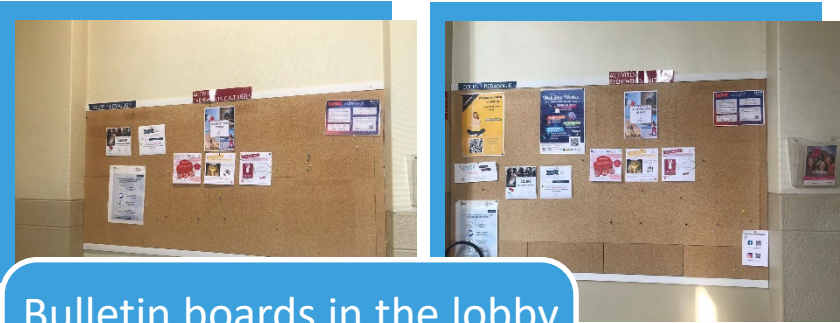
Timetables, dates and classrooms



Dates and exams



Bulletin boards in the lobby and on the 1st floor of the building



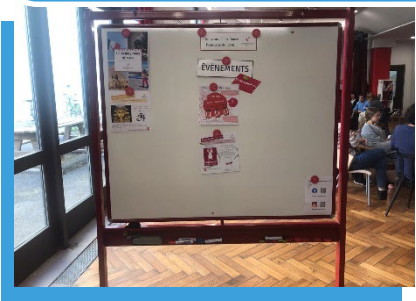
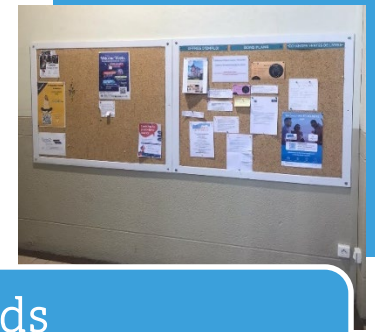
Monthly appointments (events, activities, excursions, etc.)



Teacher absences, class changes, visits with a teacher



Classified Ads (jobs, rooms to rent, exchanges, books, etc.)



WELCOME TO AFLYON

Social media



[Alliance Française de Lyon](https://www.facebook.com/alliancefrancaise.lyon)



[@alliance francaise lyon](https://www.instagram.com/alliancefrancaise_lyon)



[Alliance Française de Lyon](https://www.linkedin.com/company/alliance-francaise-lyon)

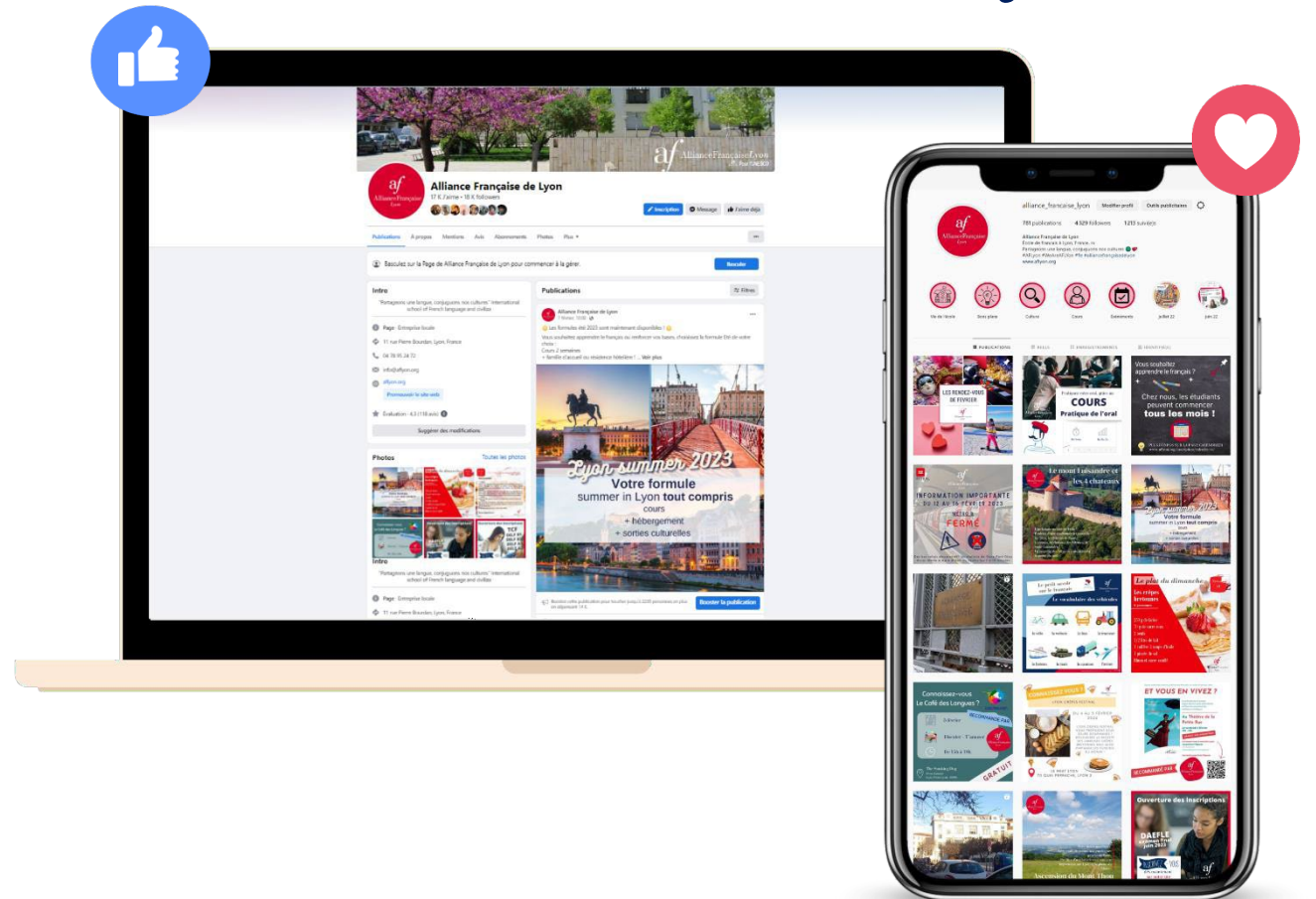


[@AFLYON](https://www.youtube.com/@AFLYON)



<https://www.aflyon.org/>

Join our community



WELCOME TO AFLYON

2. SERVICES AND OPENING HOURS

Enrolment and accommodation

The **AF Lyon team** is at your disposal to answer any questions you may have about the school, the courses, the enrolment or pre-registration procedure. They will also help you with any questions you may have about payments or your student card (make sure you have an ID photo with your name on the back).

The team will also answer your questions about the **certificate of assiduity** (issued at the end of your course) or **certificate of enrolment** (to be requested at least 5 days before your last day at AF Lyon).

Finally, AF Lyon offers an accommodation assistance service to help you with the administrative formalities concerning your accommodation. (You must apply **60 days before** the start of your session).

To register
or for questions about accommodation



www.aflyon.org



11 rue Pierre Bourdan,
69003 Lyon



© Henry Menoz

Opening hours

From monday to friday

8.30 am – 16.30 pm

WELCOME TO AFLYON

Tests and examens

AFLyon is an official examination centre for the following tests and examinations:

TCF TP SO, TCF IRN, TCF Canada, TEF, DELF, DALF et DAEFLE.

You can register on [our website](#) or at the registration desk on Thursdays from 8.30 am to 16.30pm.

FRANCE
EDUCATION
INTERNATIONAL | DELF
DALF



Courses and pedagogy

In order to guarantee high-quality training and to provide a good framework for the courses, AFLyon establishes a relationship of mutual trust with its students based on reciprocal commitments, which are set out in [the general terms and conditions of sale](#) and [the apprenticeship contract](#).

Opening hours

From Monday to friday

9am to 1pm



WELCOME TO AFLYON

The resource centre

The Alliance Française de Lyon **resource centre** is a study and reading room located on the ground floor, behind reception. It is open every day from 9am to 6pm for all students registered at the Alliance Française de Lyon.

You will find tools to help you consolidate your knowledge of the French language and culture, depending on your level: French language methods, grammar and vocabulary books, dictionaries, documentaries, comic strips, audio books, etc.

Two computers with tabs recorded on Internet sites are available for learning French as a foreign language and for independent work.



WiFi and self-service computers

There is a **work area** with self-service computers connected to Wi-Fi on the **mezzanine** level (in the hall, above the toilets). If you have your own computer, there is a **free Wi-Fi connection throughout the establishment**.



FREQUENTLY ASKED QUESTIONS

Where to eat in the neighbourhood ?

AFLyon is located in a lively, dynamic neighborhood with plenty of restaurants, cafés and bars serving food from all around the globe

- Along **cours de la Liberté**, near **T1 Liberté stop**, you can find the Boulangerie de la Liberté and the traiteur pâtisserie de la liberté. There's also the Le Biniou restaurant (crêpes, salads, takeaway formulas from €4) and the Brasserie de l'Enregistrement (on Bakus).
- Along **rue Paul Bert** (near the AFLyon), there are a dozen of restaurants serving middle eastern delicacies such as kebabs, falafel, tajine, couscous, and so on.
- At **place Gabriel Péri – Guillotière**, there are plenty of famous fast food chains such as McDonald's, Best Bagel, as well as bakeries.
- In **rue Passet** (turn right after the T1 Guillotière stop), you'll find plenty of Asian restaurants and supermarkets.
- You'll also find a number of food trucks :
[Vanth's yum mies](#) - Place Guichard (every tuesday)
[Le Van à Burgers](#) - Quai Victor Augagneur
[King Marcel](#) - Quai Victor Augagneur

► For more great tips, follow us on [Instagram](#) and [Facebook](#)

Where to make photocopies, scans, etc in the neighbourhood ?

COREP Lyon – Raspail
12 place Raspail
69007 Lyon

COREP Lyon – Cavenne
29 rue Cavenne
69007 Lyon

Imprimerie Plasse
318 Rue Garibaldi, 69007 Lyon
69003 Lyon

Where to buy books ?

Librairie DECITRE
29 place Bellecour
69002 Lyon
Metro A et D Bellecour

Second-hand books

Gilbert Joseph
6 rue de la Barre
69002 Lyon
Métro A et D Bellecour

Book market
Monday to Sunday from 9am to 9pm
Quai de la pêcheurie (Quais de Saône)



ADMINISTRATIVE PROCEDURES

1. MOBILE PHONE PROVIDERS

Pour téléphoner, vous pouvez, à votre arrivée, opter pour une carte prépayée (LeBara Mobile ou Lyca Mobile par exemple). Sur le long terme, nous vous conseillons de souscrire à un abonnement auprès d'un opérateur téléphonique français (SFR, Bouygues Telecom, Free Mobile, Orange, ou le groupe MVNOs). Il est important de bien vous renseigner sur les différents prix et **les conditions d'engagement et de résiliation**.

2. EMBASSIES AND CONSULATES IN FRANCE

Remember to report your presence on French territory in the days following your arrival. Consult the [directory of foreign representations in France](#) to find the address.

3. LONG-STAY VISA

If you are citizen of the European Union

The only documents required are a valid identity card or passport. On arrival, you do not need to complete any formalities with the French authorities..

If you are not a citizen of the European Union, check whether you need a visa on the [France-Visas](#) website. If you obtain a [VLS-TS visa](#) (visa longue durée pour études), you will need to validate it on this official website when you arrive in France. By paying the tax stamp, you will be able to stay in France for the agreed period. More information on the [Campus France](#) website.



ADMINISTRATIVES PROCEDURES

4. RESIDENCE PERMITS (TITRES DE SEJOUR)

If you have a VLS-TS visa and plan to continue your studies in France next year, [you must apply](#) for your residence permit no later than 1 month before the expiry date of your visa. A **Students Welcome Desk** is organised in September and October to help you with the administrative formalities. It is located at the University of Lyon (92 rue Pasteur 69007 Lyon) Find out more on Facebook : @studentswelcomedesk

You can also visit the [Préfecture du Rhône website](#) or go there directly without an **appointment, Monday to Friday, 9am to midday** (we strongly advise you to arrive at least 15 minutes before the doors open, as there are many people there).

Our advice: you will be required to buy tax stamps. You can buy them [online](#) or at a tobacconist's (where you buy cigarettes and newspapers).

5. POST OFFICE

In France, the vast majority of administrative procedures are carried out by mail, and therefore by La Poste. To find out more about the services on offer, click [here](#).

The nearest post office to AFLyon is 150 rue Pierre Corneille 69003 Lyon. Click [here](#) for practical information about this post office.

This post office also has **an automatic change machine** (we don't make change at reception).



Opening hours	
Monday to Friday	9 am to 12.30 pm
	2 pm to 5.30 pm
Saturday	9 am to 12 pm



ADMINISTRATIVES PROCEDURES

6. ACCOMMODATION

AF Lyon accommodation service

AFLyon offers accommodation assistance with a range of options to suit your needs and your stay in Lyon:

- Room in a host family including breakfast (and dinner)
- Room or studio in a university residence
- Studio in standard or confort aparthotel

Please note that you need to **pay** for this service and it is **exclusively provided while you are enrolled at AFLyon**

In order to benefit from our accommodation service, you need to :

- Be at least 18 years of age
- Be enrolled at AFLyon

To book your accommodation:

- Send us your reservation request **at least 45 days before you move in** (we receive a lot of requests and the number of places is limited).
- Pay the accommodation assistance fee. Your reservation request will only be processed upon receipt of payment for courses and accommodation assistance.
- Students staying in halls of residence or with host families are required to take out **home liability insurance**. This document will be requested on arrival.

UNIVERSITY RESIDENCE ACCOMMODATION : CHECKING OUT (ETAT DES LIEUX)

When you leave your apartment, **make an appointment with the residence about ten days before your departure** for an inventory visit. At the end of this visit, the residence will give you a departure form. Return it to the registration office, signed and stamped.



Accommodation for the first nights ?

While you are waiting to move into your permanent accommodation, we recommend that you book a room in a youth hostel or hotel.

Youth hostels around AFLYON :

SLO Living Hostel

5 rue Bonnefoi
69003 Lyon

Ho36 hostel

36 Rue Montesquieu
69007 Lyon

Away hostel

21 rue Alsace Lorraine
69001 Lyon

Other options:

[hostelworld.com](https://www.hostelworld.com)

[hostelbookers.com](https://www.hostelbookers.com)

[airbnb.com](https://www.airbnb.com)

[couchsurfing.com](https://www.couchsurfing.com)

[leflaneur-guesthouse.com](https://www.leflaneur-guesthouse.com)

For longer stay

- View the **shared flat** and **studio** rental offers : [A Partager](#), [Le Bon Coin](#), [Se Loger](#), [La carte des colocs](#)
- **Student residence** → Les Estudines, Gestetud, Studelites
- **Facebook Groups** to find accommodation :
 - @ Erasmus & étudiants internationaux Lyon
 - @ Erasmus & international students in Lyon

Advice

To find out what is meant by lease, deposit, guarantor, service charges, home insurance, council tax, APL, etc. and what you should and shouldn't do : [Guide iStudent](#) (page 12-15)

ADMINISTRATIVES PROCEDURES

7. SANTÉ

In France, the [Social security](#) reimburses your **medical expenses** if you are **ill, have an accident or are hospitalised**.

If you are enrolled at AFLyon **for more than 80 hours of lessons per month for a period of more than 3 months**, you can benefit from **free** French Social Security health insurance.

To benefit, you need to register online (see below) and follow these [5 steps](#)!

Please note: international students staying for **less than 3 months** are not covered by French Social Security. If you are in this situation, we advise you to take out health insurance in your country of origin or French insurance that will be valid in France for your entire stay.

How to register for social security ?

- Register at <https://etudiant-etranger.ameli.fr/> as soon as you receive your registration/education certificate and before you arrive in France..
- You will need to submit a number of supporting documents ([see the complete list](#)).
- You must then follow these [follow these 5 steps](#) to have access to the French healthcare system.
- There is **no need to take out private insurance** in your home country.

What is the student status ?

If you are enrolled at AFLyon for more than 80 hours of lessons per month for a period of more than 3 months, you will benefit from **student status**, which entitles you to :

- Take advantage of special student benefits (reduced fares on public transport, cinema, theatre, etc.; access to CROUS cafeterias).
- To benefit from free health insurance (Social Security).

Please note : if you have a **VLS-TS**, this document authorises you to work **part-time** (60% of the annual working time, i.e. 964 hours) in France.



ADMINISTRATIVES PROCEDURES

8. BANKING

If you plan to stay in France for a long period, we recommend you to open a French bank account for several reasons:

- **Avoid paying charges (especially if the currency of your country is not Euro).**
- Own a **payment card** as well as a **checkbook**. This is needed to pay your rent and for other administrative purposes.
- **Benefit from housing assistance and reimbursement of medical expenses.**

Some banks offer free fees for the first year and/or free home insurance. **BNP Paribas** has a **special offer reserved for AFLyon students** (subject to conditions).

Documents to be provided:

- Proof of residence in France.
- Your student card (or letter of acceptance).
- Your valid passport or identity card.

CONTACT

BNP Guilloière
48, cours Gambetta 69007 Lyon
Métro D Saxe-Gambetta

Nicolas LE DIGARCHER : 04 72 75 73 42
nicolas.ledigarcher@bnpparibas.com

9. JOBS AND VOLUNTEERING

You can work part-time in France (up to 60% of the legal working time - i.e. a maximum of 964 hours per year) if you are :

- **Student visa** holder
- Enrolled at AFLyon for **at least 4 months with a minimum of 80 hours of lessons per month.**

Consult our **job offers** on :

- The bulletin board in the staircase on the left as you enter the ground floor
- [Pôle emploi](#)
- [Indeed : Emploi](#)
- [Groupe Facebook Erasmus & étudiants internationaux Lyon](#)

Check out our **volunteer opportunities** on :

- The notice board in the staircase on the left as you enter the ground floor
- [CRJ](#) (Conseil régional d'information jeunesse)



LYON

1. GETTING AROUND

Public transportation in Lyon is managed by a company named **TCL** (which means **Transports en Commun Lyonnais**). TCL manages 4 metro lines, 2 funicular railways, 5 tram lines and 129 main bus lines



Subscriptions:

Every tram stop and metro station has a **vending machine** for buying tickets and renewing TCL season tickets. You can pay for a bus ticket by texting "bus" to 93069.

If you are staying in Lyon for more than a month, we strongly advise you to take out a **season ticket**. You can order it on the website (Click&Collect) or buy it at a TCL branch (the nearest to AFLyon is 6 place Bellecour and it's usually less crowded than other branches).

From 18 to 27 years old : 25€/month

From 26 to 64 years old : 69,40€/month

Cost of a new travel card : 5€.

**For more information
about TCL :**
[Become a customer](#)
Tarif



Vélo'v



To get around town and discover the city, use "Vélo'V". This bike hire system lets you use a bike **24 hours a day, 7 days a week**. Lyon and Villeurbanne have around 350 stations. The annual subscription is **€31** (normal rate) or **€16.50** (for young people aged 14-25). For each journey, the first 30 minutes are free (please note: after that, you have to pay).

For more information : **vélo'v**



2. CULTURAL LIFE

Lyon's cultural agenda

Check out the cultural calendar on [Lyon's official website](#)

JANUARY	Festival du film court francophone de Vaulx-en-Velin Biennale Salon International de la Restauration et de l'Hôtellerie (sirha)
MARCH	Quais du polar – festival international de la littérature, du cinéma, et de l'enquête urbaine Journée internationale de la francophonie
APRIL	Le Printemps des Docks
MAY	Nuit des musées Les nuits sonores
JUNE	Fête de la musique
JULY	Nuits de Fourvière
SEPTEMBER	Biennale d'art contemporain Biennale de la danse Journées du patrimoine
OCTOBER	Festival lumière
NOVEMBER	Beaujolais nouveau Festival label soie
DECEMBER	Fête des lumières

Season tickets

Museum Card

The Museums Pass gives you access for one year to the 6 municipal museums (list on the link below), for both the permanent collections and the temporary exhibitions. It also gives access to the Musée des Confluences (€6) and the Musée Jean Couty (€4) at a reduced rate.

[more info](#)

Culture Card

The Culture Card gives access for one year to temporary and permanent exhibitions in Lyon's 6 municipal museums, as well as to the entire loan service of the Lyon Municipal Library.

[more info](#)

Culture Pass

The Pass Culture gives you 4 tickets for a whole season of shows at 57 cultural venues in the Lyon Metropolitan Area, plus discounts for the Nuits Sonores festival. It is sold exclusively to students on presentation of a student card (or certificate of enrolment) for the current year at a price of €18.

[more info](#)



Art-house cinemas

Lyon, the cradle of cinema, has a number of must-see addresses to discover French and foreign films, often independent films in their original version with subtitles.

L'Institut Lumière

www.institut-lumiere.org

Les cinémas Lumières

CNP Bellecour

CNP Terreaux

Cinéma La Fourmi

www.cinemas-lumiere.com

Le Comœdia

www.cinema-comoedia.com



Libraries

MUNICIPAL LIBRARIES

Lyon has around ten municipal libraries, which are open to all. On-site consultation is free of charge. To borrow books, magazines, DVDs, etc., you need a subscription.

Closest to AFLYON :

Bibliothèque de la Part-Dieu

30 boulevard Vivier-Merle 69003 Lyon

Bibliothèque du 7e Jean Macé

2 rue Domer 69007 Lyon

More info : www.bm-lyon.fr

To get your [season ticket](#)

UNIVERSITY LIBRARIES

They are open to everyone for on-site consultations, even if you are not a university student.

BU Chevreul (86, rue Pasteur - 69365 Lyon cedex 07)

[BU LYON 2](#)

Opening times

Monday	closed
Tuesday - Friday	10am to 7pm
Saturday	10am to 7pm
Sunday	closed

Season ticket prices :

Full rate: €18/year

For 18-25 year olds: €10/year



3. SPORTS

Lyon offers a wide range of sporting activities. [more info](#)

To find out more about Lyon's sports teams:

- [Olympique Lyonnais](#)
- [Asvel Basket](#)
- [LOU Rugby](#)
- [Hockey Lion](#)

RUNNING

Whether for pleasure or competition, in nature or in the city, over a long or short distance, there are nearly twenty races held in the Lyon region every year. From the emblematic Run in Lyon to the atypical **Lyon Urban Trail** and **Color Me Rad**, here's the [calendar of races organised](#) in and around Lyon.



4. SHOPPING AND TRADITIONAL MARKETS

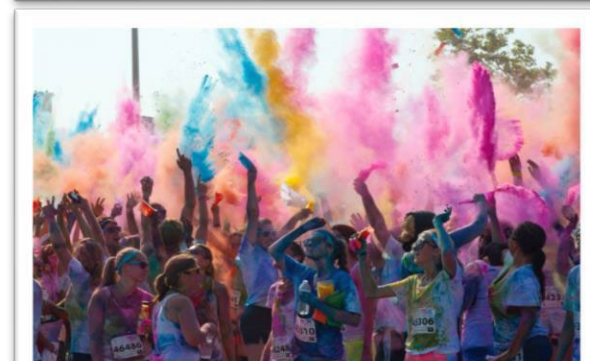
In France, most shops and supermarkets close on Sundays and public holidays. Check the opening hours before you go shopping. To find the best addresses, consult the Lyon shopping guide. [guide shopping](#)

Unlike many other countries in the world, food markets in France are not open every day. Consult the list of Lyon's food markets to find out which days they are open. [marchés alimentaires lyonnais](#)

5. OUTINGS AND NIGHTLIFE

For your outings, we recommend:

- [Lyon City Crunch](#) : going out, good deals
- [Le Petit Paumé](#) : restaurants, going out, culture, daily life
- [Le Petit Bulletin](#) : weekly shows and outings
- [Mon week-end à Lyon](#) : ideas for outings and excursion
- [Lyon Campus](#) : information and news for students
- [Guide iStudent](#) (page 20) : evenings and parties



6. MEET THE LOCALS

Lyon City Greeter

Make an **appointment with a Lyonnais for a free guided tour** of the city. [more info](#)

iStudent Lyon

This association helps and welcomes international students in Lyon. It organises a **wide range of activities and excursions**, including picnics, unusual visits (backstage at the Opéra, the Fourvière rooftops), bowling, karaoke, as well as **language apéros** (monthly apéro devoted to the exchange of foreign languages and cultures), a great opportunity to learn French while presenting your mother tongue.

[more info](#)



Erasmus Cosmo Lyon et le Buddy System

ESN Cosmo Lyon is an association that aims to welcome international students to Lyon. It also offers a sponsorship scheme called the "**Buddy System**", which aims to **put you in touch with a French student**. This buddy can help you discover the city, settle in and integrate into your new life. [more info](#)

It also organises a variety of **cultural activities and excursions**, including special Erasmus yoga classes, weekends in Montpellier, visits to Monluc Prison and Erasmus evenings. [more info](#)

Lyon BlaBla Language Exchange

A concept that is already well known around the world has finally arrived in Lyon. Meet up every Thursday evening at the Flâneur Guesthouse (56 rue Sébastien Gryphe, 69007 Lyon) and join the Blabla Language Exchange - France group.

[more info](#)

7. MOBILE APPS

To make your arrival, your journeys and your stay in Lyon easier, download the best Lyon apps here:

[APP OF LYON](#)



FURTHERMORE

DISCOVER THE REGION, FRANCE AND EUROPE

1. THE AUVERGNE-RHÔNE-ALPES REGION

Lyon is ideally located, just 2 hours by train from Paris and **1 hour 40 minutes from the Mediterranean coast and the Alps**. The region offers magnificent **natural landscapes** (high mountains, vineyards and valleys, volcanoes, lavender fields, etc.) and numerous UNESCO World Heritage **sites** (Hospices de Beaune, prehistoric palafit sites around the Alps, Chauvet-Pont-d'Arc cave in the Ardèche, etc.).

For ideas on excursions: [Auvergne-Rhône-Alpes Tourisme](#)

GETTING TO THE AIRPORT

Lyon airport is 30 km to the east of the city. To get there, you can use :



[Rhônexpress](#) – the fastest

[Les Transports en Commun Lyonnais](#) – the most economical

[Carpooling](#) – the most user-friendly



2. TRANSPORTS

TRAIN

[SNCF](#)



Pensez aux cartes de réductions : Carte Jeune (18-27 ans)

[OuiGo](#)

[Eurostar](#)

BUS

[Eurolines](#)

[FlixBus](#)

[OuiBus](#)



PLANE

[Skyscanner](#)

[Lyon Saint-Exupéry Airport](#)



3. HIGHER EDUCATION IN FRANCE

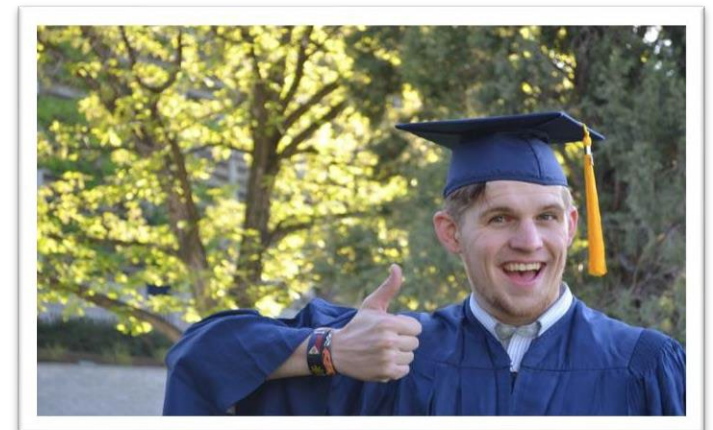
Campus France aims to enhance and promote higher education and vocational training in France.

[more info](#)



List of higher education establishments
Higher education in Lyon and the region

Click [here](#)

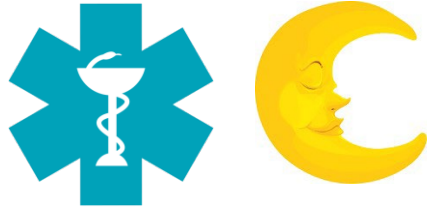


IN CASE OF EMERGENCY

Emergency number in Europe	112
Medical emergency (SAMU)	15
Firefighter	18
Police	17
On-call medical center	04 72 33 00 33
SOS Médecins	04 78 83 51 51
Toxic-related emergency	04 72 11 69 11
Dental emergency	04 72 10 01 01
ou HEH dental	04 72 11 03 61
Drugs emergency	08 00 23 13 13
Info SIDA (HIV/ AIDS)	08 00 84 08 00
Gas-related emergency	08 10 43 31 42
Electricity-related emergency	09 72 67 50 69



PHARMACIES OPEN ALL NIGHT



Grande pharmacie Lyonnaise (24h/24h)

Sauf dimanche de 19h-00h
22 rue de la République
69002 Lyon
Métro Cordeliers

Aprium Pharmacie des Gratte-Ciel (24h/24h)

Dim. (de 00h-7h et de 19h-7h)
Sam. (de 8h-00h)
28 avenue Henri Barbusse 69100
Villeurbanne Métro Gratte-Ciel

HOSPITALS



Hôpital Edouard Herriot

5 place d'Arsonval
69003 Lyon
Métro D Grange Blanche

Hôpital Lyon Sud

Chemin du Grand Revoyet
69310 Pierre-Bénite
Bus 88

Hôpital de la Croix-Rousse (24h/ 24)

103 grand rue de la Croix-Rousse
69004 Lyon
Métro C Hénou

